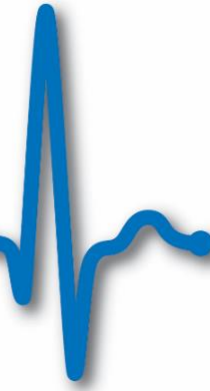


# HealthFirst

FIRST AID TRAINING AND HEALTH EDUCATION



## LEARN SKILLS THAT COULD SAVE A LIFE... FIRST AID COURSES FOR PARENTS AND CARERS OF CHILDREN IN ENGLISH



### FIRST AID FOR CHILD INJURIES

Learn the First Aid for burns, major bleeding, nosebleeds and broken bones. Discuss how to manage a child with a head injury, what to keep in your First Aid Kit and much more.

**When?** Saturday 4<sup>th</sup> February 2017; 09:00-12:30

**Where?** Gymboree, Elisabethenanlage 7, 4051 Basel

**Cost?** 110 CHF per person

**To book?** <http://www.healthfirst.ch/public-courses/first-aid-for-child-injuries/>

### CARDIO-PULMONARY RESUSCITATION FOR BABIES & CHILDREN

A hands-on workshop where you will learn what to do if a child stops breathing, how to give CPR, how to help a child who is choking, the safe positioning of an unconscious child and much more.

**When?** Thursday 16<sup>th</sup> March 2017; 18:00-21:30

**Where?** Kindermusik, Leimgrubenweg 9, 4953 Basel

**Cost?** 110 CHF per person

**To book?** <http://www.healthfirst.ch/public-courses/cpr-for-babies-and-children/>

[www.healthfirst.ch](http://www.healthfirst.ch)